



the Spa

A SUN SIYAM SPA



Taking holistic approach to health and wellness, incorporating the healing principles of the east meet west with specific focus on the ancient traditional healing practices and aromatherapy.

SPA FOR TWO

Side by side in the treatment pavilion, enjoy time devoted entirely to the two of you.

Chocolate Delight

145 minutes

A delightful relaxing experience. Enjoy invigorating chocolate scrub, followed by massage with delicious oil blend made of chocolate, ginger and cinnamon. Choco drink will be served while you are enjoying luxurious chocolate bath.

- Chocolate Almond Scrub 40 minutes
- Chocolate Massage 90 minutes
- Chocolate Bath 15 minutes
- Cold Chocolate Drink

Romance at Olhuveli

145 minutes

The ultimate experience to share with your most loved one. You will feel completely refreshed and radiant at the end of this pure pampering experience.

- Romantic Couple Seashell Massage 90 minutes
- Body Scrub 40 minutes
- Bubble Bath 15 minutes

Re-alignment Package

150 minutes

Bring the balance back to your life with our Re-alignment Package. Let your blood flow and skin glow with an awakening lazy yoga session. Body-opening with Thai massage, your muscles will be grateful for, and finish off with a relaxing foot massage that will benefit your whole body.

- Thai Massage 90 minutes
- Foot Massage 60 minutes

AYURVEDA TREATMENTS

Detox Massage

90 minutes

A highly effective detoxifying treatment with the use of a special herbal powder that thoroughly exfoliates your whole body, particularly areas with cellulite build up. This exfoliating massage encourages break up excess fat. The treatment is effective if continued for 3 sessions.

Shirodhara

90 minutes

Awakening your senses and spirit with Shirodhara massage, warm oil is placed over the third eye and hairline. This holistic healing approach harmonizes the body, mind and soul and creates a balancing effect in the deepest blissful state of consciousness.

Abhyanga

90 minutes

Just as Western medicine believes that there are three body types, so does Ayurvedic practitioners: wind (vata), bile (pitta), and mucus (kapha) that are responsible for regulating the functions in the mind-body system. Abhyanga is performed with warm herbal oil infused with Ayurvedic herbs suited to the specific body constitution. This is a soothing, gentle massage that reaches the deeper tissues and bones.

Marma Massage

90 minutes

An Ayurvedic traditional massage working hands and feet. As a belief that there are 107 energy points on the feet, this massage focuses on the Marma points to stimulate and spread over the body. This unique technique will complete the experience and instill a deep sense of calmness.

Kativasti Massage

90 minutes

A targeted Ayurvedic massage that focuses on the lumbar spine with the use of warm Ayurvedic oil. This massage increases the oxygen in the blood stream and ease the tension on the joints and will make you feel relieved.

MASSAGES

Asia's tradition of traditions, a masterpiece of unique and strong cultural identity of different Ancient massages. All massages can be booked by 60 minutes or 90 minutes and can be individual or combined as a package.

Sun Signature Massage **Relaxing**

90 minutes

Full body massage, combination of Shiatsu, Hawaiian lomi-lomi, Balinese and complete with cool stones massage on your face. This massage is designed for deep relaxation, increasing blood circulation and released muscle tensions.

Seashell Massage **Energizing**

90 minutes

A unique massage that focus on tense muscles with the use of the heat from the lava shell with calcium ions.

Warm Stone Massage **Balancing**

90 minutes

Characterized by the Huna's loving and nurturing approach, this massage brings the balance in physical, mental and spiritual dimensions. With long and gentle rhythmic strokes, this sensual massage will awaken your sense of well-being.

Thai Massage **Stimulating**

90 minutes

Gentle assisted yoga postures with stretching, palm pressures and pressure point work to rebalance energy flow. This massage treatment focusing on pressure points and energy lines, improves athletic performance and breathing while clearing the mind and building vitality.

Warm Bamboo Massage **Relaxing**

90 minutes

Similar to deep tissue massage, bamboo has the ability to release tension in major muscles through deep kneading of the stick. This heated bamboo will roll and knead the tissue to create an extreme sensation of relaxation and well-being. Bamboo massage is used as a powerful preventive therapy against modern-day stress and aids relief from many physical and emotional imbalance.

Thai Herbal Poultice **Detoxifying**

90 minutes

This ancient Thai treatment has been used all over the world to alleviate muscle pain and fatigue while conditioning the skin with herbs and oils. Concentrating on major energy meridians this treatment helps to harmonize the body and loosen energy blockages. As the muscles relax to the heat, the poultice and deep tissue massages will open up the pores where the therapeutic herbs are absorbed by your skin. A relaxing experience that regenerates skin, relieves muscle discomfort and promotes a better flow of energy.

Crown Chakra Scalp Therapy **Relaxing**

60 minutes

An intensive herb and oil based marma treatment, your therapist will focus on your scalp and spine. Working directly to calm the mind, this traditional technique also provides deep conditioning for the hair and scalp.

Frangipani Petal Warm Oil Massage **Relaxing**

60 minutes

Warm oil and fresh frangipani petals are used in a soothing massage with applications of gentle pressure using palm techniques and flowing strokes to induce deep relaxation.

Deep Tissue Massage **Energizing**

60 minutes

Your therapist will select aromatic oil according to your concerns, be it muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

Balinese Massage **Relaxing**

60 minutes

This traditional Balinese therapy employs age-old techniques including stretching, long strokes, skin rolling and firm applications of pressure to release tension and enhance flexibility. By incorporating aromatic oil, you will experience a surge in energy.

MASSAGES

Peaceful Pregnancy Massage **Relaxing**

60 minutes

An essential massage designed to care for pregnant women. As you lie on your side supported by a body pillow, gentle massage techniques and stretches knead away tension and fatigue.

Anti-Stress Back Massage **Relaxing**

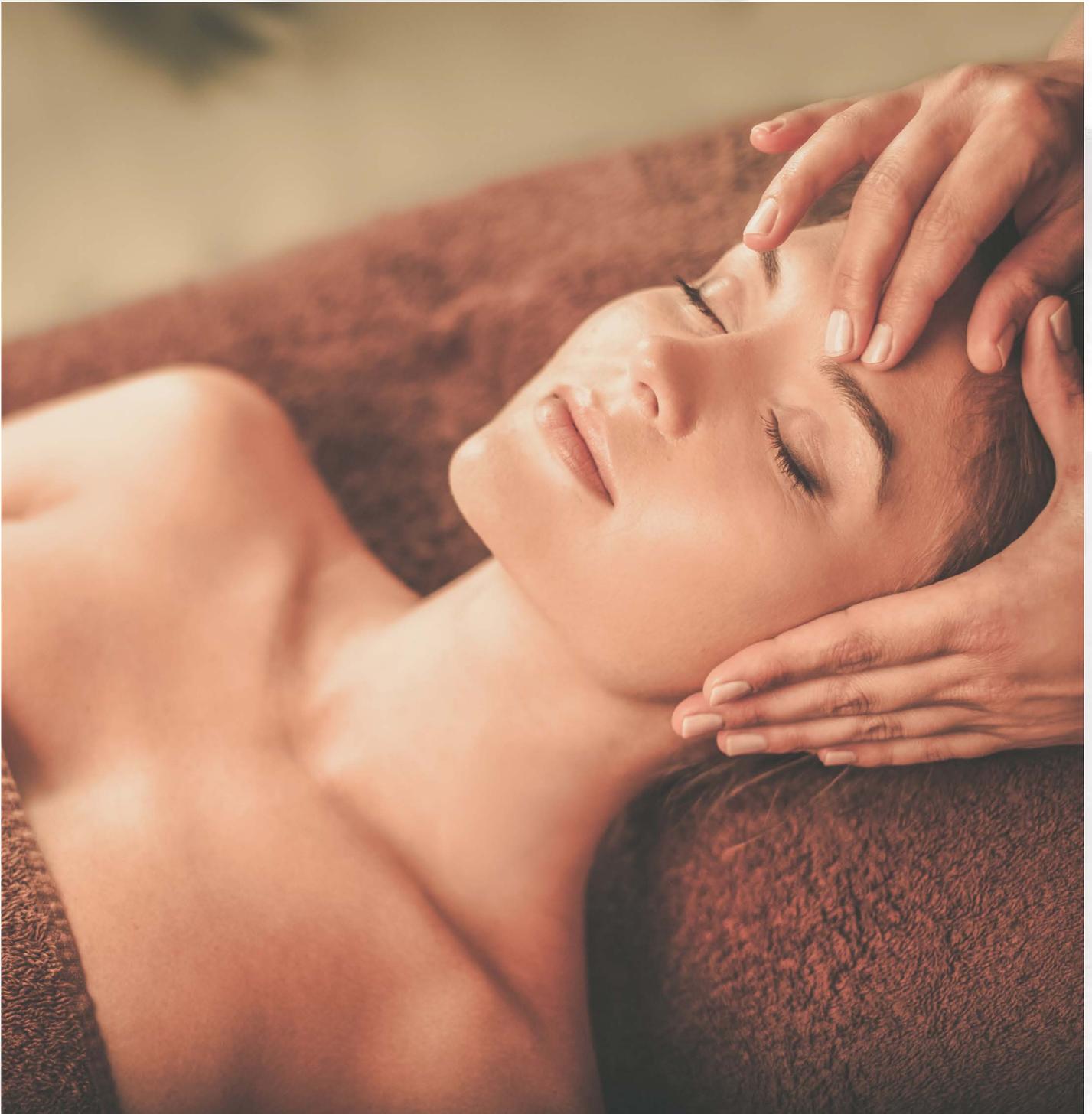
60 minutes

When all you need is a quick dose of tension-relief, this is the remedy. Deep thumb pressure and smooth massage movements on the back will help relieve muscle tension and encourage relaxation.

Asian Foot Massage **Stimulating**

60 minutes

Treatment that concentrates on reflex areas in the feet that correspond to particular area of the body, stimulating and improving your overall physical and mental wellbeing.



BODY WORKS

Rich in natural antioxidant vitamins and essential oil blends, our body treatments detoxify, stimulate, and restore your glow.

Exfoliate

Javanese Lulur Scrub Rejuvenating

60 minutes

Reveal the secret of Asia's whitening body scrub. Originating from the royal palaces of Java, this exotic scrub contains a blend of turmeric, sandalwoods and spices, and is followed by a soothing yogurt splash.

Coconut Scrub Moisturizing

60 minutes

Savor the rich, natural goodness of this delightful body scrub as it combines the exfoliating properties of coconut meat with brown sugar to tighten your pores. The extra virgin coconut oil is then applied for its powerful moisturizing properties. A healthy dose of lemon rind and citrus oil deeply cleanse the body for luscious looking skin.

Coffee Scrub Anti-Cellulite

60 minutes

"Coffee is the answer, who cares what the question is." This aromatic and decadent body scrub combines the gentle exfoliation and reduce visibility of cellulite through coffee. Packed with anti-oxidants, it is sure to leave your body smooth and healthy looking.

Envelopment

Aloe Vera Wrap Sun Healer

60 minutes

Calm and soothe your skin with mask rich in cooling aloe vera, nature's most potent healing herb. This wonderfully cooling body mask will leave your skin cool, while a scalp massage will sooth your mind. It is recommended for those with problem skin, sunburn or very sensitive skin.

Clay Mask Nourishing

60 minutes

This aromatic body mask absorbs excess oil and extracts impurities from the skin. The unique blend of Clay has a rejuvenating and deeply cleansing effect on the skin. Brightens and evens the skin tone.

Green Tea Detox

60 minutes

Body mask made from powerful herb that has many antioxidants. Promote healthy skin and natural beauty. It best aids helping to remove toxins as well as tone your skin.

FACIALS

All Natural Tropical Facial

60 minutes

Pamper your skin with nature's revitalizing and beautifying properties and emerge radiant with an all-natural glow. With the use of natural ingredients and combination of coupled light touches and soft strokes, this facial will help detoxify and improve skin lymph flow as a youthful effect.

Fragrance Facial

60 minutes

With excellent emollient properties delicately fragrant, this facial use rose essential oil to soothe the skin, rich in vitamin E as a natural antioxidant. Deeply nourishing and suitable for sensitive skin types, this facial will leave your skin silky smooth and moisturized.

ENHANCEMENT

Natural Refresher Facial

30 minutes

This introductory facial provides a quick and instant pick-me-up for any occasion.

Foot Massage

30 minutes

Massage inspired by reflexology technique to release tension in the feet and leg, while stimulating the body's natural recovery process.

Back Massage

30 minutes

For those who are short on time, this massage focuses on back, neck and shoulder to provide quick stress relief.

Head Massage

30 minutes

This shoulder, neck, upper back, arm and scalp massage is based on the ancient healing system of Ayurveda. Warm coconut oil used on the scalp, for scalp and hair care as well as complete relaxation.

HAIR

Wash & Blow Dry

Ladies Hair Cut, Wash & Blow Dry

Ladies Hair Cut

Men's Hair Cut

Hair Style & Make-up

NAILS

Intensive treatments to rejuvenate overworked hands and feet.

Executive

75 minutes

Complete nail treatment including exfoliation, hydrating masque and shooting neck and shoulder massage.

Basic

30 minutes

Includes shape, soak, cuticle conditioning and filing, without nail polish.

Nail polish

30 minutes

PRICES

SPA FOR TWO

Chocolate Delight	145 minutes	\$495 per couple
Romance at Olhuveli	145 minutes	\$495 per couple
Re-alignment Package	150 minutes	\$495 per couple

AYURVEDA TREATMENTS

Detox Massage	90 minutes	\$215 per person
Shirodhara	90 minutes	\$235 per person
Abhyanga	90 minutes	\$215 per person
Marma Massage	90 minutes	\$215 per person
Kativasti Massage	90 minutes	\$235 per person

MASSAGES

Sun Signature Massage <i>Relaxing</i>	90 minutes	\$215 per person
Seashell Massage <i>Energizing</i>	90 minutes	\$215 per person
Warm Stone Massage <i>Balancing</i>	90 minutes	\$215 per person
Thai Massage <i>Stimulating</i>	90 minutes	\$215 per person
Warm Bamboo Massage <i>Relaxing</i>	90 minutes	\$215 per person
Thai Herbal Poultice <i>Detoxifying</i>	90 minutes	\$215 per person
Crown Chakra Scalp Therapy <i>Relaxing</i>	60 minutes	\$155 per person
Frangipani Petal Warm Oil Massage <i>Relaxing</i>	60 minutes	\$155 per person
Deep Tissue Massage <i>Energizing</i>	60 minutes	\$155 per person
Balinese Massage <i>Relaxing</i>	60 minutes	\$155 per person
Peaceful Pregnancy Massage <i>Relaxing</i>	60 minutes	\$155 per person
Anti-Stress Back Massage <i>Relaxing</i>	60 minutes	\$155 per person
Asian Foot Massage <i>Stimulating</i>	60 minutes	\$155 per person

All prices are in US Dollars, includes 10% service charge and applicable taxes.

PRICES

BODY EXFOLIATE

Javanese Lulur Scrub <i>Rejuvenating</i>	60 minutes	\$149 per person
Coconut Scrub <i>Moisturizing</i>	60 minutes	\$149 per person
Coffee Scrub Anti-Cellulite	60 minutes	\$149 per person

BODY ENVELOPMENT

Aloe Vera Wrap Sun Healer	60 minutes	\$149 per person
Clay Mask Nourishing	60 minutes	\$149 per person
Green Tea Detox	60 minutes	\$149 per person

FACIALS

All Natural Tropical Facial	60 minutes	\$149 per person
Fragrance Facial	60 minutes	\$149 per person

ENHANCEMENT

Natural Refresher Facial	30 minutes	\$85 per person
Foot Massage	30 minutes	\$85 per person
Back Massage	30 minutes	\$85 per person
Head Massage	30 minutes	\$85 per person

HAIR

Wash & Blow Dry		\$65 per person
Ladies Hair Cut, Wash & Blow Dry		\$110 per person
Ladies Hair Cut		\$68 per person
Men's Hair Cut		\$50 per person
Hair Style & Make-up		\$148 per person

NAILS

Executive	75 minutes	\$98 per person
Basic	30 minutes	\$55 per person
Nail polish	30 minutes	\$55 per person

All prices are in US Dollars, includes 10% service charge and applicable taxes.